



6733 Falls of Neuse, Raleigh, NC 27615
(919) 676-5052

2019 End of Year Allen Aesthetic Surgery Body Transformation Challenge

16 week Body Transformation Challenge Official Rules:

Sponsors: **16 Week Body Transformation Challenge (The AA Challenge)** sponsor:
Allen Aesthetic Surgery, PA (6733 Falls of Neuse Rd, Raleigh, NC 27615)

Support provided by:
Clean EatZ, North Raleigh location (7461 Six Forks Rd, Raleigh, NC 27615)

Cost: There is no cost to enter.

Eligibility: The AA Challenge is open to **any** individual over the age of 18. Participants agree to abide by the terms of these official rules and by the decisions of Allen Aesthetic Surgery, PA which are final and binding on all matters pertaining to The AA Challenge. Allen Aesthetic Surgery, PA reserves the right to disqualify any participant that it determines, in its sole discretion, is ineligible to participate in the Challenge.

Goals: The objective of the AA Challenge is to promote a healthier lifestyle through both nutritious food and regular activities. Having the AA Challenge during the holiday season helps hold participants accountable when weight gain is easiest to occur. Consult your physician or health care practitioner before beginning any nutrition, supplementation or exercise program.

Dates: Challenge begins September 16, 2019 and ends January 6th 2020. Allen Aesthetic Surgery, PA reserves the right to change or modify the dates of the AA Challenge at any time. Top contenders will be announced on or around Jan 13th 2020 on Allen Aesthetic Surgery, PA social media pages and will be notified via e-mail. Final top 3 participants will be announced during the month of February 2020.

Entry: For official entry, contestants must either:

- 1) Send 3 current pictures prior or on start date holding dated newspaper or printed screen from computer showing date with front, side and back views. Current weight along with measurements of chest, abdomen and hips must be included. (Measurement taken at widest portion of chest usually around the nipple area, narrow portion of waist, and widest area of hips). E-mail to coordinator@allenaestheticsurgery.com

2) Check in at Allen Aesthetic Surgery, PA for front, side and back photos prior or on start date. Measurements and weight will be taken in office.

Entries received after the AA Challenge has started and are subject to approval by Allen Aesthetic Surgery, PA.

Those who have already begun a weight loss/body-change journey are also encouraged to participate.

Rules: Weekly progress photos and check ins with current weight are required on Mondays either via email to coordinator@allenaestheticsurgery.com or in person at Allen Aesthetic Surgery, PA.
You must call by the Friday before to schedule a time for check in. (919) 676 5052

Meals: Participants in the AA Challenge benefit from a discounted rate on meals at North Raleigh Clean EatZ location. Price per meal \$6.10 vs \$7.60 per meal with no minimum order. Participants must show proof of participation in the AA Challenge (tokens or cards are given to participants)

Rules are Subject to Change: Please note that Challenge Rules are subject to change. The AA Challenge contestants will be notified of any changes via social media.
It is the contestant's responsibility to check Allen Aesthetic Surgery's social media pages for updates.

Prizes: Top 3 participants with biggest body change or transformation will be chosen for free consultation at Allen Aesthetic Surgery, PA. Winners will be notified via email and on social media pages. Consultation must be performed within 30 days of notification. Those who do not comply to schedule consultation forfeit participation/winnings. Final winner will be chosen after consultations are done.

One person will be chosen to receive 30% of surgical procedure.

Runner up will receive 15% of surgical procedure.

Second runner up will receive 10% surgical procedure.

Surgical procedures to be included, but not limited to: tummy tuck, arm lift, Renuvion skin tightening of abdomen

Average price of tummy tuck: \$11,500 – 30% = \$8050, **savings \$3,450**

Average price of Renuvion skin tightening: \$5500 – 30% = **\$3850, savings \$1650**

Average price of arm lift: \$6000 – 30% = \$4200, **savings \$1800**

Winners have 6 months after consultation to schedule procedure. Prizes are non-transferable. Additional charges will apply including, but not limited to, pre operative studies or testing, garments, and physical exam.

Winners must qualify for outpatient surgery and be medically cleared by a medical professional outside of Allen Aesthetic Surgery, PA.

If winner does not qualify for medical reasons, another participant will be chosen.

LEGAL STUFF:

Release: Participation in The AA Challenge grants Sponsor the right to use, publish, adapt, edit and/or modify such entry in any way, in whole or in part, and to use such entry alone or in combination with other works, as solely determined by Sponsor, in commerce and trade and in any and all media now known or hereafter discovered, worldwide, including but not limited to the www.allenaestheticsurgery.com website and social media, without limitation or compensation to the Participant and without right of notice, review or approval of any such use of the entry in perpetuity. Contestants must be 18 and over to be eligible to enter the program. Submission of an entry further constitutes the Contestant's consent to irrevocably assign and transfer to the Sponsor any and all rights, title and interest in and to the entry, including but not limited to all intellectual property rights. Prior to awarding any prize, the Contestant must agree to the terms of these Official Rules and to sign and return any required Affidavit, Liability and Publicity Releases. Contestants agree to grant Allen Aesthetic Surgery, PA the irrevocable right and permission to use, in any manner at all, any photographs and/or videos of contestants posted in the dashboard, or on social media, in whole or in part, modified or altered, for any purposes whatsoever. Except where prohibited, by accepting a prize, winner grants permission for Sponsor and its agents to use his/her name, video, voice and/or likeness, for advertising and/or publicity purposes in any and all media now known or hereinafter invented without territorial or time limitations and without additional compensation.

Release and Indemnity: By participating in The AA Challenge, each participant agrees to release and hold Allen Aesthetic Surgery, PA harmless from any and all losses, damages, rights, claims and actions of any kind in connection with or resulting from participation in The AA Challenge and/or acceptance, possession, or use of any prize(s) including, without limitation, personal injuries, death, property damages and any claims by third parties or otherwise based on publicity rights, defamation, or invasion of privacy. Entrants acknowledge that Allen Aesthetic Surgery, PA is not responsible or liable for any warranty, representation, or guarantee, express or implied, in fact or in law, relative to any prize

Disclaimer of Warranties: IN NO EVENT WILL ALLEN AESTHETIC SURGERY, PA, AND/OR ITS AFFILIATES, SUBSIDIARIES AND RELATED COMPANIES, OR THEIR RESPECTIVE OFFICERS, DIRECTORS, EMPLOYEES, REPRESENTATIVES AND AGENTS, BE RESPONSIBLE OR LIABLE FOR ANY DAMAGES OR LOSSES OF ANY KIND, INCLUDING DIRECT, INDIRECT, INCIDENTAL, CONSEQUENTIAL OR PUNITIVE DAMAGES ARISING OUT OF YOUR PARTICIPATION IN THE AA CHALLENGE

